

A Personal  
**Manifesto**  
by

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### **I AM A NORMAL GUY**

Ultimately, I am a normal guy that loves to do normal things...

Small pleasures are the best pleasures...  
good food... nice wine... holidays with my wife...  
watching football with my son... a stolen kiss from my daughter...

Happiness comes from the simplest things.

### **I AM CONTRADICTORY**

I do not always do what I should...  
I do not always am what I want to be...  
and that's ok...

Consistency doesn't mean never making mistakes...  
Consistency means knowing how to get up after every fall... and, also, know how to start again... with a smile on your lips and a sparkle in your eyes.

### **I AM GOOD ENOUGH**

Sometimes I get caught up by perfectionism...  
Sometimes I am assaulted by the famous imposter syndrome...

That's when I need to remember myself that:  
"There is nothing more useless than the time wasted to make perfect something that does not need to be perfect"  
...and move on...

### **I AM INSIGNIFICANT**

I am the result of a chance that brought together a random set of atoms in my mother's womb...  
1 among 8 billion human beings living in one out of 300 million planets in our galaxy, which is one out of 100 to 200 billion in the universe!...  
Any attempt to take myself too seriously is nothing more than a ridiculous effort in the face of such insignificance.

### **I AM IDEALISTIC**

I believe we all can make a difference...  
I believe I can make a difference...

"I want to leave the world a little better than I found it."  
a purpose forged in my passion for people  
and in the conviction I can only make it in relationship with others.

### **I AM WORK IN PROGRESS**

I fail a lot... and that's ok...  
I also get it right many times...  
But this doesn't mean I there, yet!

I am not afraid of failure... But, also, do not fear success.  
Both are part of the process in this never-ending journey to be today better than yesterday... and tomorrow better than today!

### **I AM VULNERABLE**

For many years I was taught to hide my weaknesses and always show up strong and confident...

And I gave my best into it...  
Until I understood that by showing this "fake strength", I was showing a "fake me"...  
and  
I can only be the best version of self if I am true to myself!

### **I AM NOT ALONE**

I am nothing by my own...  
I am no one by my own...  
Only in relationship with others I am who I am...  
I have not all the answers...  
I am no answer by my own...  
"Because, I can go faster if I go alone...  
but I will surely go further if I do it with others"